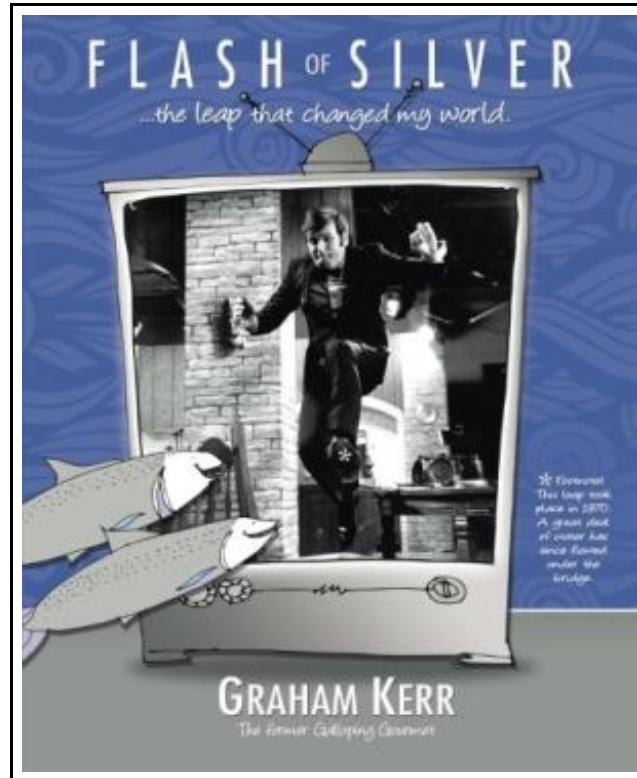


## Flash of Silver: .the Leap That Changed My World



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### **Reviews**

*Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe.*

*(Newton Runolfsson)*

## FLASH OF SILVER: .THE LEAP THAT CHANGED MY WORLD



Kerr Corp, United States, 2015. Paperback. Book Condition: New. 235 x 190 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Flash of Silver, the leap that changed my world is more than a celebrity memoir. It contains a powerful remedy for indifference in just one word.resilience! Resilience has begun to outstrip sustainability as the action to be taken to preserve many species, including our own. Graham Kerr, as the Galloping Gourmet was referred to, during his international TV series, as the High Priest of Hedonism . He had learned how to eat, cook and profit from some of the finest and richest foods in the world and he used those gifts with enormous enthusiasm and good humor. Suddenly everything changed as an accident severed his success with one blow. Searching for a return to resilience for himself and his family he began an ocean sailing adventure that took them 24,000 miles in 2 years. Then follows one of the most observed U turns ever made by one man. The Kerr s went from a conspicuous gourmet lifestyle to that of a small family living their lives beyond immediate self-interest and they did this in plain sight! Graham uses the literary practice of the extended metaphor to enquire how habits are both formed and relinquished. He does this by comparing his life with that of a wild pacific Chinook salmon. Using poetic license, imagination and good science he asks his readers to hear from the salmon.direct and to see how both man and fish have somewhat similar rites of passage. They are swept downstream where they face continuous discovery, some of which are difficult, some joyful.even hilarious. Upon reaching the salt waters they encounter the challenge of an almost limitless ocean of opportunity where they must eat...



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