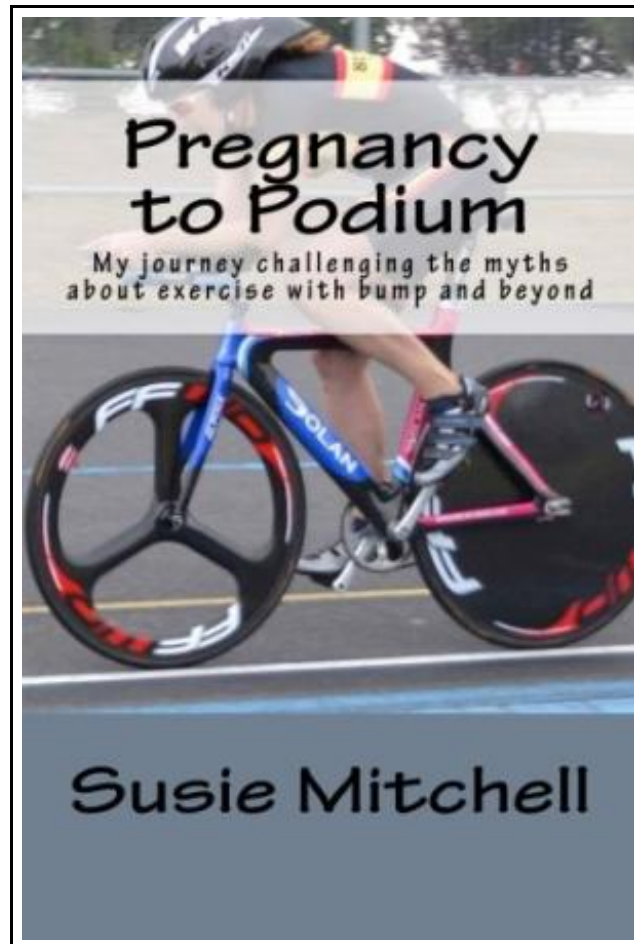


Pregnancy to Podium: My Journey Challenging the Myths about Exercise with Bump and Beyond



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