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LIVING FROM THE HEART



Booksurge Publishing, United States, 2009. Paperback. Book Condition: New. 142 x 122 mm. Language: English . Brand New Book ***** Print on Demand *****.This how-to book is the first step on your journey of self-discovery to self-love. Living from the Heart is the workbook you come back to repeatedly and each time add dimension to who you are. The keys to realizing self-love in your life are given as practical tools for each of the four seasons: autumn, winter, spring...

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- Authored by Shira Bassi
- Released at 2009



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