



Shambhala: La Senda Sagrada del Guerrero (8th)

By Chogyam Trungpa

Editorial Kairos. Paperback / softback. Book Condition: new. BRAND NEW, Shambhala: La Senda Sagrada del Guerrero (8th), Chogyam Trungpa, In this classic of twentieth-century spiritual literature, Tibetan meditation master Chogyam Trungpa offers an inspiring vision for our time based on the ideal of the sacred warrior. In ancient times, the warrior learned to master the challenges of life, both on and off the battlefield. Trungpa shows that in discovering the basic goodness of human life, the true warrior learns to radiate that goodness into the world for the peace and sanity of others. This book describes the warrior's path for contemporary men and women in search of practical wisdom that they can put to use in their everyday lives.



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